(The transcript of the handwritten complaint addressed to Mount Carmel Customer Care is provided at the end of this document.)

Reference No. MHS/COMPL/ ______/20______

Complaints / Compliments
Mental Health Services

Customer Care Unit
Mount Carmel Hospital
Attard

Tel: 23304444/5

Kindly fill in this form if you would like to submit a complaint/compliment. Personal details and contact numbers are optional.

Date: Wed 29-Jul-26

Ward/~~Unit~~/~~Clinic~~/~~Centre~~/~~Other~~: Male Ward 1

Name and Surname: Nicholas Grech I.D. No. 435076M

Address: ______________________

User/Relative/Staff/Responsible Carer/Other – please specify: ______

Date & Time of incident (if applicable): Mon 27-Jul-26

Complaint /Compliment:

Wara emails tieghi fit-21-Jul-26 lill-Customer Care u wkoll lill-awtoritajiet fl-24 u 25 ta' Lulju '26, xtaqt nurri l-apprezzament tieghi ghas-solidarjeta li wrejtu ma staff li gie biex jorqod, min gie biex jivvendika ruhu mill-pazjenti u jpoggi f'dell ikrah lill-kollegi shabu, u kif b'tali attitudni kompletja ghintuni nohrog fid-dehar l-ipokresija tas-servizzi mentali u l-hdura totali li ghandkom ghall-pazjent – dejjem taraw kif tirrumblaw minn fuqu u tkissruh, dejjem tohorgu bis-soltu ripetizzjoni tal-istess storja – impunita totali u cover-up ghat-tali staff involuti fl-abbuzi mill-aktar sfaccati fuq il-pazjenti, u vendikazzjonijiet (PTO)

Receiving Officer: Name, Surname & Grade: ______________________

Date: ______________________

Acknowledgement sent on ______________ by ______________________

Data Protection Statement: All personal data requested is for the purpose of providing you with health care services as necessary. It is processed in accordance with the Data Protection Act and as permitted by law. Further information about your data can be obtained on request.

(ID no: 435076 on Mole Ward 1

Cont. of report if necessary

fuq vendikazzjonijiet mill-whistleblower il-pazjent.
Meta Mon 27-Jul-26 meta lejn 9:45am inkun il-main garden, jarani wiehed tal-OT u nnizel mieghu l-OT bla insegwi. Wara li nkun kinst xkora weraq bhala kompost flok halliejtu jintrema, u hrigt il-pipe biex nibda nsaqqi, l-istess wiehed tal OT jghidli li se jkollu jtellghani malajr lura s-sala ghax trid(ni) urgenti t-tobiba. Insib lil Rachel Gauci fuq it-telefon, li fil-prezenza u ghat-tant sodisfazzjon tan-Nurse Michael Zammit li rrapurtajt, fuq struzzjonijiet tal-Psikjatra Joseph Spiteri, taqtghali l-permessi kollha (Occupational Therapy, Social Centre, Gym, Outings, Main Garden u l-leave accompanied darbtejn fil-gimgha), tohroghli t-13-il restriction of ~~Freedom of communication order,~~ taghmilni 24x7 constant watch Category B qisni kriminal, u tkompli thississni, aktar tillupjani, zzidli l-pirmli b'50% (minn 10mg ghal 15mg Haloperidol, 5-0-10). Michael Zammit kollu arditizmu, bil-vuci u d-dahka tipika tieghu, laghba tal-vittma-dawwarha li qed nimmaginah jaghmel persekuzzjoni u vendikazzjoni minni, u jghid li l-ewwel wiehed Sandro Cortis mieghi (dak li fir-recording tad-9-Oct-25 jinstema' fosthom jitghajjar bija "ube") u issa spicca hu "vittma" tieghi. Kompla bl-arditizmu tipiku tieghu jghidli x'hemm x'nindahal x'jaghmel u ma jaghmlux: gieli dehrilu li kellu jixghel id-dawl tad-dormitorju mill 4am, darb'ohra tal-kurituri tas-sala mill 5am, u jitfa' l-bieb tat-Treatment Room biex jqattghilhom ghax wara gimgha kienu baqghu ma qatghux cuvetta kopja. Darba nohrog mill-dinja, niftakar fil-pjanti, li hemm fil-gnien ta Mole Ward 1 u nerga nidhol nsaqqi lit-tobiba biex almenu ttini permess insaqqihom ghax imutu. Dlonk jaqbez l-istess Michael Zammit, jghidilha li bil-Category B ma jhalluniex nohrog - ghax ma kienx kuntent bil-vendetta minni li kienu ghodhom hif ghamlu ghalih; issa jivvendika ruhu mill-pjanti tieghi frott ta' tant xoghol, sagrificcji u pacenzja, jarani ninkwieta li wahda wara l-ohra, f'din is-sena tas-sajf u bla ilma, qed imutu. Dan il-lejl Tue 28-Jul ghal Wed 29-Jul-26, dahal night u erhilu jitfaqqa' d-dahk mal-kollegi li bidel jew bidluh bil-bravura ta hif gabha zewg bhas-soltu baqa' kollox f'wicc il-pazjent u hif bis-sahha tieghu tant ivvendikaw ruhhom minni l-pazjent - ghalih dak il-"bahnan

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Kummidjant u puffa".

L-importanti li dak li ktibt u gie uploadjat fil-website tieghi

Continued on Pg 2-

NICHOLAS GRECH

Reference No. MHS/COMPL/ ________/20________

Pg 2 of 2

Complaints / Compliments
Mental Health Services

Client Support Services
Mount Carmel Hospital
Attard

Tel: 2330 4444

Email: clientsupport.mhs@gov.mt

Kindly fill in this form if you would like to submit a complaint/compliment. Personal details and contact numbers are optional.

Date: Wed 29-Jul-26

Ward/Unit/Clinic/Centre/Other: Male Ward 1

Name and Surname: Nicholas Grech I.D. No. 435076m

Address:

User/Relative/Staff/Responsible Carer/Other – please specify: ________

Date & Time of incident (if applicable): Mon 27-Jul-26

Complaint /Compliment:

smashyouagainstthewall.com, hemm hien, għadu u se jibqa' (x'inhu l-Epstein files) u bis-sekta vendikazzjonijiet u ħdura li ergajtu għamiltu miegħi, aktar komplejtu tikkonfermaw l-kitba u l-impunità sfaċċata mal-istaff u l-klikka ta' ħdura li ~~[illegible]~~ għandkom għall-pazjent. Kieku hemm xi ħaġa li tistgħu tgħidu, ttennegaw jew tiskreditaw f'li ktibt, ma kienx ikollkom għalfejn tirrikorru fl-għażla tas-sekta, dik li min jikxfilkom il-maskra ta' x'inti fil-fatt intom, tirrabjaw biex tintimidawni bi vendikazzjonijiet u tilqijiet b'aktar doża ta' pirmli u velenu tipiku tal-psikjatrija. Kwalunkwe investigazzjoni fażulla li tkun tilqgħobuha li se teghlbu, komplejtu aktar tiskreditawha mela b'tant ħdura mill-bidu nett u qabel kollox, kontra lekk ippreġudikati kontrija l-miżerabbli

Receiving Officer: Name, Surname & Grade:

Date: pazjent, bdejtu billi ttvendikaw ruħkom minni b'dan il-mod.

Acknowledgement sent on ________________ by ________________

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ID no 435074M [illegible]

MICHAEL GRECH

Bħalma għara dejjem fil-Psikjatrija, meta l-pazjent jirreporta abbuzi, mhux talli ma jsib lil ħadd min jgħinu jew jismgħu, imma

Cont. of report if necessary

jsibhom dejjem lesti biex jpattuhielu – kemm ta' terrur anki f'pazjenti oħra li jafu li jekk daqstant jissograw jirrappurtaw, jsofru bħalu.

Dawk kollha li nduħrizajt fl-insemmija ċarti, li lanqas biss indenjaw tal-anqas ~~jiddisasoċjaw~~ jiddisassoċjaw ruħhom minn tali mgieba tal-istaff, aktar u aktar kemm ħadu passi għajr dawk vendikattivi fuqi, irridu jerfgħu r-responsabilta u l-kompliċita tagħhom fl-abbuzi u l-ħdura fuqi, li kompliet tisfrat. Qed jikkonfermaw lkoll b'infushom dejjem aktar bħala 'not fit for purpose', kemm fil-pozizzjoni tagħhom m'għadu aktar tenibbli u kemm fosthom l-uffiċju tal-Customer Care innifsu biss għall-għajn, u nasba biex jpattuha lil min jazzarda jikteb u jirraporta abbuzi. Meta wara li tkun irrappurtajt abbuzi, tispiċċa b'aktar abbuzi fuqek, tħaddem kemm kellhom raġun tal-istaff jsabbtuli l-ħajt tal-Customer Care fil-wiċċi u jibbaljawni u jagħjjruni rraporte kemm trid quddiem staff oħra u pazjenti. Jafu li dejjem għaddewha lixxa u l-umiljazzjoni għal pazjent li jispiċċa jlaqqgħa b'aktar abbuzi.

Ukoll, kif aċċennajt diversi drabi qabel, intenni li ma nridx nibqa' taħt il-Psikjatra Joseph Spiteri, li bil-vendikazzjonijiet tiegħu b'restriction of freedom of communication orders (4-13), kliem umiljanti u degradanti ("Għidli kont nerd..." - 6-Jun-24) kliem vulgari u mill-aktar oxxen ("Għax f'moħħok naqtgħulek il-bajd" - 25-Sep-24; "... b'żobbok b'kollox ~~naq~~ naqtgħulek..." - 26-Nov-25) u bluffjar u tagħjir tiegħu fuqi quddiem l-istaff ("M'hawnx miġnun perikoluż daqsu" u li 'sakemm adam hawn hu, jien ma noħroġx minn hawn', skont recording tad-9-Oct-25 u "Niskarnat ħajtu ma nasal qatt intih lura waħda" - 15-Jul-26) mhux biss kompla ħareġ il-ħdura bla limitu li għandu għalija l-miżerabbli pazjent (sa anki b'kull mezz jimbuttani għas-suwiċidju billi jagħmilli ħajti tqila bla tama/hopeless) imma ukoll il-karattru bla ebda etika u prinċipji tiegħu, tipiku psikjatra li hu, super frodista, sadista u vulgari, issa anki qed jimbuttani biex jagħtini b'aktar doża tal-Haloperidol - l-istess valenu li lejn 19-Jun-26 qatel pazjent MS (IDno: 039141A) ta' 41 sena b'cardiac arrest/attakk tal-qalb, u li tant joghxa jirrenduke ruħu ninnin perikoluż meta tant konxju tal-ġerq mill-bdunett tal-organi tal-[illegible] ta' nwaħħal fuqi, u bil-ħlieki kaz tiegħi tal-Qorti kompletament miscarriage u travesty of justice, ippreseduta minn Maġistrat korrotta, Carol Peralta, li flok irrifjutatu ruħha, ħadet l-opportunita biex jpattiehuli, u b'tant favoritiżmu u preġudizzju kontrija fl-ewwel kaz tiegħi tal-Qorti, sa neddidew fl-awla li jsabbatni ma' ħajt.

Araw li tibgħatuli dik is-soltu Acknowledgment tal-Customer

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Care li sa ttuni risposta fi żmien 10 t'ijiem jew ġimgħatejn, bir-risposta tibqa' ma tasal qatt, bħala konferma ta' x'verament issarfu

MENTAL HEALTH MALTA

customer care

ACKNOWLEDGEMENT OF COMPLAINTS

Ref No: ________________

Date: 29/07/2026

Dear Nicholas Grech

You may please wish to be informed that Customer Care Office has received your complaint regarding ________________

The Customer Care Unit is currently investigating the circumstances surrounding your query / difficulty and you will eventually be given feedback within 15 working days

Your concern is of importance to our service and we appreciate your patience while we explore your complaint.

For further queries please contact our office on 2330 4444 / 5

Sign: [signature]

Name & Surname Rebecca Barbara

Customer Care Officer

Mental Health Malta

customercare.mhs@gov.mt

Client Support
Mental Health Services
[signature]
29/07/2026

Complaint Customer Care, Mount Carmel Hospital, Attard

Date: 29-Jul-26,
Ward: Male Ward 1,
Name and Surname: Nicholas Grech,
I.D. no: 435076M,
Date and time of incident: 27-Jul-26

Wara l-emails tiegħi fil-21-Jul-26 lill-Customer Care u wkoll lill-awtoritajiet fl-24 u l-25 ta' Lulju '26 xtaqt nuri l-apprezzament tiegħi għas-solidarjeta li wrejtu ma tali staff li jiġi biex jorqod, biex jivvendika ruħu mil-pazjenti, u jpoġġi f'dell ikraħ lill-kollegi sħabu, u li b'tali attitudni komplejtu għintuni nohrog fid-deher l-ipokresija tas-servizzi mentali u l-ħdura totali li għandkom għall-pazjent - dejjem taraw kif tirrumblaw minn fuqu u tkissruh, dejjem toħorgu bis-soltu ripetizzjoni tal-istess storja: mpunita totali u cover-up għat-tali staff involuti fl-abbuzi mill-aktar sfaccati tagħhom, u vendikazzionijiet fuq vendikazzjonijiet mill-whistleblower il-pazjent.

Mela Mon 27-Jul-26 meta lejn 9:45 a.m. inkun il-main garden, jarani wieħed tal-occupational therapy (OT) u ninżel miegħu l-OT biex insaqqi. Wara li nkun knist xkora weraq bhala compost flok hallejtu jintrema u hrigt il-pipe biex nibda nsaqqi, l-istess wieħed tal-OT jgħidli li se jkollu jtellgħani lura s-sala għax tridni urgenti t-tabiba.

Insib lil Rachel Gambin fuq it-telefon li fil-prezenza u għat-tant sodisfazzjon tan-nurse Michael Zammit li rrapurtajt, fuq struzzjonijiet tal-Psikjatra Joseph Spiteri, taqtgħali l-permess kollha (Occupational Therapy, Social Centre, Gym, Outings, Main Garden u leave accompanied darbtejn fil-gimgħa), tohrogli t-13 restriction of freedom of communication order, tagħmilni 24x7 constant watch Category B qisni xi kriminal, u tkompli tkissirni, aktar tillupjani, izzidli l-pirmli b'50% (minn 10mg għal 15mg Haloperidol, 5-0-10mg). Michael Zammit kollu arditizmu, bil-vuċi u d-daħka tipika tiegħu, labgħba tal-vittma, dawwarha li qed nimmaġinah jagħmel persekuzzjoni u vendikazzjoni minni u jgħid li l-ewwel weħel Sandro Cortis miegħi (dak li fir-recording tad-9-Oct-25 jinstema' fosthom jitgħajjar bija "liba") u issa spicca hu "vittma tiegħi." Kompla bl-arditizmu tipiku tiegħu jgħidli x'kelli x'nindaħal x'jagħmel u ma jagħmilx, jekk dehrlu li kellu jixgħel id-dawl tad-dormitorji mill-4 a.m., darb'oħra tal-kurituri mill-5 a.m., u jifqa' l-bieb tat-Treatment Room biex ipattihilhom għax wara gimgħa kienu baqgħu ma qatgħux cuvetta kopja. Darba nohrog mit-clinic, niftakar fil-pjanti li kelli fil-grien ta' Male Ward 1 u nerġa nidħol insaqsi lit-tabiba biex almenu ttini permess insaqqihoon għax imutuli. Dlonk jaqbeż Michael Zammit jgħidilha li bil-Category B ma jħallunix noħrog, għax ma kienx kuntent bil-vendetta minni li kienu għadhom kif għamlu għalih, ried issa jivvendika ruħu mill-pjanti tiegħi frott ta' tant xogħol, sagrificcji u paċenzja, jarani ninked li waħda wara l-oħra, f'din is-shana tas-Sajf u bla ilma, qed imutuli. Dan il-lejl Tue 28-Jul għal Wed 29-Jul daħal night u erħilu jfaqqa' d-daħk mal-kollegi li bidel jew bidluh bil-bravura ta' kif gabha żewg, bhas-soltu baqa' kollox f'wiċċ il-pazjent, u kif bis-saħħa tiegħu tant ivvendikaw ruħhon minni l-pazjent, għalih "baħnan, kummidjant u pufta".

L-importanti li dak li ktibt u gie uploadjat online fil-website tiegħi smashyouagainstthewall.com, hemm kien, għadu, u se jibqa' (x'cuc hu l-Eptstein files) u bis-soltu vendikazzjoniïnt u ħdura li

ergajtu ghamiltu mieghi, aktar komplejtu tikkonfermaw li ktibt u l-impunita sfaccata mal-istaff u l-klima ta' hdura li ghandkom ghall-pazjent. Kieku hemm xi haga li tistghu tichdu, tinnegaw jew tiskreditaw f'li ktibt ma kienx ikollkom ghalfejn tirrikorru ghall-ghazla tas-soltu, dik li min jikxfilkom il-maskra ta' x'fil-fatt intom, taraw kif tintimidawni b'vendikazzjonijiet u tillupjawni b'aktar dozi ta' pirmli u velenu tipiku tal-psikjatrija.

Kwalunkwe nvestigazzjoni fazulla li taf tilaghbuha li se taghmlu, komplejtu aktar tiskreditawha meta b'tant hdura, mill-bidunett u qabel kollox, kontu hekk ippregudikati kontrija l-mizerabli pazjent, bdejtu billi tivvendikaw ruhkom minni b'dan l-mod. Bhalma gara dejjem fil-Psikjatrija, meta l-pazjent jirraporta abbuzi, mhux talli ma jsib lil hadd minn jghinu jew jisimghu, imma jsibkom dejjem lesti biex tpattuhielu, klima ta' torrur anki f'pazjenti ohra li jafu li jekk daqstant jissograw jirrapurtaw, jigrilhom bhali.

Dawk kollha li ndirizzajt fl-imsemmija emails li lanqas biss indenjaw tal-anqas jiddisassocjaw ruhhom minn tali mgieba ta' staff, ahseb u ara kemm hadu passi ghajr dawk vendikattivi fuqi, iridu jerfghu r-responsabilta u l-komplicita taghhom fl-abbuzi u hdura fuqi li komplejt insofri. Qed jikkonfermaw lilhom infushom dejjem aktar bhala "not fit for purpose", kemm il-pozizzjoni taghhom m'ghadix aktar tenibbli u kemm fosthom l-ufficju tal-Customer Care irrendejtuh biss ghall-ghajn u nasba biex tpattuha lil min jazzarda jikteb u jirraporta abbuzi. Meta wara li tkun irrapurtajt abbuzi, tispicca vvendikat b'aktar abbuzi, tinduna kemm kellhom ragun tali staff isabbtuli l-karti tal-Customer Care f'wicci, u jibbuljawni u jaghjruni "rraporta kemm trid" quddiem staff u pazienti. Jafu li dejjem ghaddewha lixxa u l-umiljazjoni ghall-pazjent li jispicca jlaqqata' b'aktar abbuzi.

Ukoll kif accennajt diversi drabi qabel, intenni li ma nridx nibqa' taht il-Psikjatra Joseph Spiteri, li bil-vendikazzjonijiet tieghu b' restriction of freedom of communication orders (4, 5, 6, 7, 8, 9, 10, 11, 12, 13), kliem umiljanti u degradanti ("Ghidli li int marid …" - 6-Jun-24), kliem vulgaru u mill-aktar ghoxxen ("Ghax f'malajr naqtghulek il-bajd" - 25-Sep-24; "... b'z*bbok b'kollox naqtghulek ..." - 26-Nov-25) u bblufjar u taghjir tieghu fuqi mal-istaff ("M'hawnx mignun perikoluz daqsu" u li sakemm idum hawn hu jien ma nohrogx minn hawn skont recording tad-9-Oct-25 u "Niskarnah haj u ma nasal qatt intih leave wahdu" - 15-Jul-26), mhux biss kompla hareg il-hdura bla limitu li ghandu ghalija l-mizerabbli pazjent (sa anki b'kull mezz jimbuttani ghas-suwicidju billi jaghmilli hajtu tidher bla tama (hopeless), imma wkoll il-karattru bla ebda etika u principji tieghu, ta' tipiku psikjatra li hu — super frodista, sadista u vulgari — issa anki qed jimbuttani biex joqtolni b'aktar doza ta' Haloperidol — l-istess valenu li lejn 19-Jun-26 qatlet pazjent MS (I.D. no.: 039141A) b'cardiac arrest / attakk ta' qalb, ta 41 sena, u li tant joghxa jivvendika ruhu minni 'n partikolari, meta tant konxju tal-qerq mill-bidunett tal-origini tat-timbru ta' mentali fuqi, u bit-tieni kaz tieghi tal-Qorti kompletament miscarriage u travestity of justice, ippresedut minn Magistrat korrott, Carol Peralta, li flok irrikuza ruhu, hataf l-opportunita biex ipattihieli, u b'tant favoritizmu u pregudizju kontrija li fl-ewwel kaz tieghi tal-Qorti sa heddidni fl-awla li jsabbatni mal-hajt.

Araw li tibghatuli dik is-soltu Acknowledgement tal-Customer Care li se ttuni risposta fi zmien 10 t'ijiem jew gimghatejn, bir-risposta tibqa' ma tasal qatt, bhala konferma ta' x'verament issarfu.

Nicholas Grech
Male Ward 1, Mount Carmel Hospital,
I.D. no.: 435076M

(English translation of the complaint)

Complaint Customer Care, Mount Carmel Hospital, Attard

Date: 29-Jul-26
Ward: Male Ward 1
Name and Surname: Nicholas Grech
I.D. no: 435076M
Date and time of incident: 27-Jul-26

Following my emails on 21-Jul-26 to Customer Care and also to the authorities on July 24 and 25, '26, I wanted to show my appreciation for the solidarity you showed with such staff who come to sleep, to take revenge on patients, and to put their fellow colleagues in a bad light, and that with such an attitude you have further helped me to expose the hypocrisy of the mental services and the total malice you have towards the patient — always looking for ways to roll over him and break him, always coming out with the usual repetition of the same story: total impunity and a cover-up for the staff involved in their most blatant abuses, and revenges upon revenges against the patient whistleblower.

So on Mon 27-Jul-26 when around 9:45 a.m. I was in the main garden, someone from occupational therapy (OT) saw me and I went down with him to the OT to water the plants. After I had swept up a bag of leaves for compost instead of letting it be thrown away and took out the hose to start watering, the same OT staff member told me that he would have to take me back up to the ward because the doctor needed me urgently.

I found Rachel Gambin on the phone who, in the presence and to the great satisfaction of nurse Michael Zammit whom I reported, on instructions from Psychiatrist Joseph Spiteri, cut off all my permissions (Occupational Therapy, Social Centre, Gym, Outings, Main Garden, and accompanied leave twice a week), issued me the 13th restriction of freedom of communication order, put me on 24x7 constant watch Category B as if I were some criminal, and continued to break me, sedate me further, by increasing my pills by 50% (from 10mg to 15mg Haloperidol, 5-0-10mg). Michael Zammit, full of arrogance, with his typical voice and laugh, playing the victim, twisted it to suggest I am imagining him persecuting me and seeking revenge against me, and said that first Sandro Cortis got stuck with me (the one who in the recording of 9-Oct-25 is heard among them referring to me as a "scum") and now he ended up himself as "my victim." He continued with his typical audacity telling me what business I had interfering with what he does and doesn't do — whether he thought he should turn on the dormitory lights from 4 a.m., another time the corridor lights from 5 a.m., and slam the Treatment Room door to get back at them because after a week they still hadn't cut a copy of a key. Once I stepped out of the clinic, I remembered the plants I had in the gardens of Male Ward 1 and went back in to ask the doctor to at least give me permission to water them because they would die. Immediately Michael Zammit jumped in to tell her that with Category B they wouldn't let me out, because he wasn't satisfied with the revenge against me they had just carried out on his behalf; now he wanted to take revenge on my plants — the result of so much work, sacrifice, and patience — watching

me suffer as one after another, in this summer heat and without water, they are dying on me. This night, Tue 28-Jul to Wed 29-Jul, he worked the night shift and went off bursting into laughter with colleagues he swapped or who swapped with him over the feat of how he pulled it off. As usual, everything remained on the patient's shoulders, and how thanks to him they took so much revenge on me, the patient — to him a "fool, clown, and queer."

What matters most is that what I wrote and was uploaded online on my website smashyouagainstthewall.com was there, is still there, and will remain there (the Epstein files are nothing compared to it). With the usual vengefulness and malice you have shown towards me once again, you have further continued to confirm what I wrote, the blatant impunity with the staff, and the climate of malice you hold toward the patient. If there were anything you could refute, deny, or discredit in what I wrote, you wouldn't have had to resort to your usual choice: to intimidate anyone who exposes the mask of what you actually are through acts of revenge and by drugging me with larger doses of pills and typical psychiatric poison.

Any fake investigation you might pretend you are going to carry out, you have further discredited it when with so much malice, right from the start and before anything else, you were so prejudiced against me, the miserable patient, and started by taking revenge on me in this manner. As has always happened in Psychiatry, when the patient reports abuses, not only does he find no one to help or listen to him, but he always finds you ready to retaliate against him — a climate of torture, even for other patients who know that if they dare report, the same will happen to them.

All those I addressed in the aforementioned emails who did not even bother to at least disassociate themselves from such staff behavior — let alone take steps other than retaliatory ones against me — must bear their responsibility and complicity in the abuses and malice against me that I have continued to suffer. They are increasingly confirming themselves as "not fit for purpose," showing how their position is no longer tenable, and how among them you have rendered the Customer Care office into mere eye-candy and a trap to get back at anyone who dares to write and report abuses. When, after reporting abuses, you end up retaliated against with more abuses, you realize how right those staff members were to slam the Customer Care papers in my face, bullying and mocking me to "report as much as you want" in front of staff and patients. They know they have always gotten away with it, and the humiliation is for the patient who ends up taking the brunt of further abuse.

Also, as I have mentioned several times before, I reiterate that I do not want to remain under Psychiatrist Joseph Spiteri. With his retaliatory acts through restriction of freedom of communication orders (4, 5, 6, 7, 8, 9, 10, 11, 12, 13), humiliating and degrading words ("Tell me that you are sick…" - 6-Jun-24), vulgar and profane language ("Because in an instant we'll chop off your b*lls" - 25-Sep-24; "... with your d*ck, we'll cut the whole lot off …" - 26-Nov-25), and his bluffing and insults directed at me to the staff ("There's no madman as dangerous as him" and that as long as he is here, I'll never get out on leave alone, according to a recording of 9-Oct-25, and "Would rather skin him alive than ever let him go out on leave alone" - 15-Jul-26), he has not only continued to show the boundless malice he holds for me, the miserable patient (even

using every means to push me to suicide by making life seem hopeless), but also his character devoid of any ethics and principles. As a typical psychiatrist — a super fraudster, sadist, and vulgar individual — he is now even pushing to kill me with higher doses of Haloperidol. This is the same poison that around 19-Jun-26 killed patient MS (I.D. no.: 039141A) by cardiac arrest / heart attack at 41 years old. He takes such delight in retaliating against me in particular, being fully conscious of the deceit from the very bei behind the origin of the mental stamp on me, and with my second Court case being a complete miscarriage and travesty of justice, presided over by a corrupt Magistrate, Carol Peralta, who instead of recusing himself, seized the opportunity to take full revenge on me — showing such favoritism and prejudice against me that in my first Court case he even threatened me in the courtroom that he would smash me against the wall.

Make sure to send me that usual Customer Care Acknowledgement stating that you will give me an answer within 10 days or a fortnight, with the response never arriving, as a confirmation of what you are truly worth.

Nicholas Grech
Male Ward 1, Mount Carmel Hospital,
I.D. no.: 435076M